

27th February — 4th March 2016

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♡ Saturday

Bingo in the conservatory with Lucy and Collette at 11:30

♡ Sunday

Enjoy an Aperitif before Sunday Lunch in the Conservatory with the staff

♡ Monday

Robin is here for exercises from your chair and a reminiscence sessions in the conservatory with you from 11:00

♡ Tuesday

St David's Day! Daffodils and Decorations to celebrate!

♡ Wednesday

Stained Glass Window style colouring, in the conservatory at 11:00 with Joyce and Catherine

Jean our residential hairdresser is here from 09:00

♡ Thursday

Zoe from ALIVE! Visiting at 11:00

Gill, our nursing hairdresser is here from 09:30

Derrie and Lola may visit you today during afternoon tea

♡ Friday

Enjoy an outing in the Jalpoy with Mike and staff Leaving Valerie Manor at 11:00

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Outings in the Jalopy

These will be decided on a Monday depending on the weather for the week. Please let us know if there is anywhere in particular you would like to visit:

Strolls around the Gardens

Please ask a member of staff if you feel like a stroll in the gardens. Staff are also encouraged to assist residents into the gardens on a sunny day to enjoy the sunshine and fresh air.

Suggestions Box

Please feel free to let us know any suggestions you have for activities:

** Please ask the staff at any time if there is a video you would like to watch or participate in any games, indoor or outdoor that are not on the activities menu. We apologise for any last minute changes to the schedule.*