

7th May — 13th May 2016

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♡ **Saturday**

Enjoy some time in the gardens with staff from 11:00

♡ **Sunday**

Come and enjoy a Sherry with other residents and staff in the conservatory before your Sunday lunch at 12:00.

♡ **Monday**

Robin is here for exercises from your chair and a reminiscence session from 11:00

♡ **Tuesday**

We hope to have a trip out with Mike at 11:00

♡ **Wednesday**

Stephanie our Curate is visiting from 11:00  
Jean our residential hairdresser is here from 09:00

♡ **Thursday**

Alison our Saxophonist is here to entertain you from 11:00  
Gill, our nursing hairdresser is here from 09:30  
Derrie and Lola may visit you today during afternoon tea

♡ **Friday**

Planting our sunflower's with Joyce from 11:00

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## Outings in the Jalopy

These will be decided on a Monday depending on the weather for the week. Please let us know if there is anywhere in particular you would like to visit:

## Strolls around the Gardens

Please ask a member of staff if you feel like a stroll in the gardens. Staff are also encouraged to assist residents into the gardens on a sunny day to enjoy the sunshine and fresh air.

## Suggestions Box

Please feel free to let us know any suggestions you have for activities:

*\* Please ask the staff at any time if there is a video you would like to watch or participate in any games, indoor or outdoor that are not on the activities menu. We apologise for any last minute changes to the schedule.*