

1st October —7th October 2016

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∞ Saturday

Catherine is here for the day and will be talking to you about the Flu jabs next week and also about activities that you would like to arrange for the future

∞ Sunday

Come and enjoy a Sherry with other residents and staff in the conservatory before your Sunday lunch at 12:00.

∞ Monday

Robin is here for exercises from your chair and a reminiscence session.

∞ Tuesday

Debbie is here from 08:30 from Steyning Health Centre giving Flu jabs to those who would like them this year. Joyce will also be making the lavender bag confetti with you all for the wedding

∞ Wednesday

Stephanie our Curate is here to visit you with one of her colleagues to meet you all

Jean our residential hairdresser is here from 09:00

Amie and Archie our new PAT dog will be visiting you from 3:30pm

∞ Thursday

Rabbit Hole Club 5:30pm—7pm in the library

Gill our hairdresser is here from 09:30 for those who would like to see her

∞ Friday

An outing in the jalopy with Mike and staff from 11:00

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Outings in the Jalopy

These will be decided on a Monday depending on the weather for the week. Please let us know if there is anywhere in particular you would like to visit:

Strolls around the Gardens

Please ask a member of staff if you feel like a stroll in the gardens. Staff are also encouraged to assist residents into the gardens on a sunny day to enjoy the sunshine and fresh air.

Suggestions Box

Please feel free to let us know any suggestions you have for activities:

** Please ask the staff at any time if there is a video you would like to watch or participate in any games, indoor or outdoor that are not on the activities menu. We apologise for any last minute changes to the schedule.*