

6th May — 12th May 2017

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## ∞ Saturday

Manicures and hand massages throughout the day with Jennifer and staff

## ∞ Sunday

Flower arranging with Joyce in the conservatory from 11:30 with an aperitif before your Sunday Lunch

## ∞ Monday

Enjoy exercise from your chair and a reminiscence session with Robin in the conservatory from 11:00

## ∞ Tuesday

Buddy Holly Act from 11:00 in the conservatory (This is from Corrine's company so hope it will be as good as Corrine!

## ∞ Wednesday

Jean our residential hairdresser is here from 09:00  
Smoothies morning from 11:30  
New nurse Debbie joining the team today!

## ∞ Thursday

Gill, our nursing hairdresser is here from 09:30  
An outing with Lee and staff from 11:00

## ∞ Friday

Resident meeting from 11:45 in the conservatory

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## Outings in the Jalopy

These will be decided on a Monday depending on the weather for the week. Please let us know if there is anywhere in particular you would like to visit:

## Strolls around the Gardens

Please ask a member of staff if you feel like a stroll in the gardens. Staff are also encouraged to assist residents into the gardens on a sunny day to enjoy the sunshine and fresh air.

## Suggestions Box

Please feel free to let us know any suggestions you have for activities:

*\* Please ask the staff at any time if there is a video you would like to watch or participate in any games, indoor or outdoor that are not on the activities menu. We apologise for any last minute changes to the schedule.*