

28th October —3rd November 2017

Page 1

∞ Saturday

Hot chocolate morning with Lucy and Staff.

∞ Sunday

Enjoy an aperitif before your Sunday lunch in the conservatory

∞ Monday

Robin is here for reminiscence and exercises from your chair

∞ Tuesday

James our male chiropodist is here from 09:00 for those who would like to see him

Corrine is here to sing for you from 11:00 in the conservatory

∞ Wednesday

Jean our hairdresser is here today

Smoothie morning from 11:00

∞ Thursday

Gill, our nursing hairdresser is here from 09:30

The new furniture is being delivered for the Warren restaurant

∞ Friday

Flower arranging with Joyce in the conservatory from 11:15

Continued over the page...

www.valeriem Manor.co.uk

28th October —3rd November 2017

Page 2

Outings in the Jalopy

These will be decided on a Monday depending on the weather for the week. Please let us know if there is anywhere in particular you would like to visit:

Strolls around the Gardens

Please ask a member of staff if you feel like a stroll in the gardens. Staff are also encouraged to assist residents into the gardens on a sunny day to enjoy the sunshine and fresh air.

Suggestions Box

Please feel free to let us know any suggestions you have for activities:

** Please ask the staff at any time if there is a video you would like to watch or participate in any games, indoor or outdoor that are not on the activities menu. We apologise for any last minute changes to the schedule.*