

# Activities

11th—18th January 2019

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## √ Saturday

Hot Chocolate Morning in the Conservatory from 11:00.

### √ Sunday

We have a special Birthday to celebrate today—we welcome everyone to the conservatory to celebrate with staff and family at 11:00



## √ Monday

Robin is not here today, enjoy hand massages and manicures with staff in the c conservatory or your bedroom from 11:00

### √ Tuesday

Re-arrange the Budvases with Joyce in the conservatory from 11:30

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Martin or Alistair will be here from 10:30 to give Communion to those wh would like it.

Jean the Hairdresser is here for those who would like to see her from 09:30

### √ Thursday

High Tea in the conservatory for supper from 5pm with Sheri and staff Gill the Hairdresser here from 9:30

## √ Friday

Lee is here to take you on an outing today if weather permits from 11:00

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#### Outings in the Jalopy

These will be decided on a Monday depending on the weather for the week. Please let us know if there is anywhere in particular you would like to visit:

#### Strolls around the Gardens

Please ask a member of staff if you feel like a stroll in the gardens. Staff are also encouraged to assist residents into the gardens on a sunny day to enjoy the sunshine and fresh air.

#### **Suggestions Box**

Please feel free t	o let us knov	v any suggestio	ons you have for	activities:

\* Please ask the staff at any time if there is a video you would like to watch or participate in any games, indoor or outdoor that are not on the activities menu. We apologise for any last minute changes to the schedule.