

19th—25th January 2019

Page 1

∞ Saturday

Amy, remembering the musicals is here to entertain you in the Conservatory from 11:00.

∞ Sunday

Enjoy and aperitif in the conservatory with friends from 12:00

∞ Monday

Robin is here for exercises from your chair and a reminiscence session from 11:30 in the conservatory

∞ Tuesday

Lynda, our clarinet player is here from 11:00 to entertain you in the conservatory

∞ Wednesday

Carolyn, our reflexologist is here for those who would like to see her from 10:00

Jean the Hairdresser is here for those who would like to see her from 09:30

∞ Thursday

High Tea in the conservatory at 3:30pm with friends and staff
Gill the Hairdresser here from 9:30

∞ Friday

Nick, our skittles man is here for you from 11:00 in the conservatory

Continued over the page...

19th—25th January 2019

Page 2

Outings in the Jalopy

These will be decided on a Monday depending on the weather for the week. Please let us know if there is anywhere in particular you would like to visit:

Strolls around the Gardens

Please ask a member of staff if you feel like a stroll in the gardens. Staff are also encouraged to assist residents into the gardens on a sunny day to enjoy the sunshine and fresh air.

Suggestions Box

Please feel free to let us know any suggestions you have for activities:

** Please ask the staff at any time if there is a video you would like to watch or participate in any games, indoor or outdoor that are not on the activities menu. We apologise for any last minute changes to the schedule.*