

16th March to 22nd March 2019

Page 1

∪ Saturday

Amy, Remembering the Musicals is here to sing for you in the conservatory from 11:00

∪ Sunday

Enjoy and aperitif in the conservatory with friends from 12:00

∪ Monday

Robin will be here offering exercises from the chair and a reminiscence session with everybody—in the conservatory from 11:30
Bud Vases with Robin in the conservatory at 5:00

∪ Tuesday

Carolyn, reflexologist is here from 10:00 for those who would like to see her

∪ Wednesday

Jean the Hairdresser is here for those who would like to see her from 09:30
Complete Community Eye Care are here at 11:00
St Peters Church afternoon tea party from 2:15pm

∪ Thursday

Gill the Hairdresser here from 9:30
Chris, our podiatrist is here from 08:30

∪ Friday

Nick, our skittles man is here from 11:00 in the conservatory
A Jigsaw afternoon with Lucy from 2:30pm in the conservatory

Continued over the page...

16th March to 22nd March 2019

Page 2

Outings in the Jalopy

These will be decided on a Monday depending on the weather for the week. Please let us know if there is anywhere in particular you would like to visit:

Strolls around the Gardens

Please ask a member of staff if you feel like a stroll in the gardens. Staff are also encouraged to assist residents into the gardens on a sunny day to enjoy the sunshine and fresh air.

Suggestions Box

Please feel free to let us know any suggestions you have for activities:

** Please ask the staff at any time if there is a video you would like to watch or participate in any games, indoor or outdoor that are not on the activities menu. We apologise for any last minute changes to the schedule.*