

9th March until 15th March 2019

Page 1

## ∞ Saturday

Hot chocolate morning from 11:30 with Fay, friends and staff in the conservatory or in your bedroom

## ∞ Sunday

Enjoy and aperitif in the conservatory with friends from 12:00

## ∞ Monday

Robin will be here offering exercises from the chair and a reminiscence session with everybody—in the conservatory from 11:30

Bud Vases with Robin in the conservatory at 5:00

## ∞ Tuesday

Fancy a game of Boccia? Kimberly will be visiting from Horsham District Council. From 11:00 in the conservatory

## ∞ Wednesday

Celebrate Zoe's Birthday along with 2 of our residents! Enjoy a sherry and some cake in the conservatory from 11:30

Jean the Hairdresser is here for those who would like to see her from 09:30

Alistair will be here to provide Communion on a 1-1 basis for those who would like to receive it from 10:30

## ∞ Thursday

The Sandgate Singers are here to entertain you from 11:00

Gill the Hairdresser here from 9:30

## ∞ Friday

Replenish the bird feeders and enjoy the gardens (weather permitting) with Carrie from 11:00

Jigsaws with Lucy from 2:30 in the conservatory

*Continued over the page...*

9th March until 15th March 2019

Page 2

## Outings in the Jalopy

These will be decided on a Monday depending on the weather for the week. Please let us know if there is anywhere in particular you would like to visit:

## Strolls around the Gardens

Please ask a member of staff if you feel like a stroll in the gardens. Staff are also encouraged to assist residents into the gardens on a sunny day to enjoy the sunshine and fresh air.

## Suggestions Box

Please feel free to let us know any suggestions you have for activities:

*\* Please ask the staff at any time if there is a video you would like to watch or participate in any games, indoor or outdoor that are not on the activities menu. We apologise for any last minute changes to the schedule.*