

10th August to 16th August 2019

Page 1

∩ Saturday

Milkshake Morning—Choose from a variety of flavours and enjoy with whipped cream if you fancy!

∩ Sunday

Valerie Manor Garden Party!

Enjoy an afternoon of strawberries and cream with entertainment from Robin's dance school, Let's Dance! (Hassocks)

The girls will be dancing round the maypole—lets hope the weather holds out for us!

∩ Monday

Robin is here today with her movement and reminiscence from 11:00 in the conservatory and then back in the afternoon to do the bud vases should you wish to help her.

∩ Tuesday

Lynda is visiting today with her clarinet. 11:00 in the conservatory.

∩ Wednesday

Jean the Hairdresser is here for those who would like to see her from 09:30
Cheese and wine supper with Lucy in the Restaurant

∩ Thursday

Gill the Hairdresser is here for those who would like to see her from 9:30

∩ Friday

Special Breakfast morning—Choices can be made on Wednesday for some delicious breakfast alternatives

An outing with Lee and staff from 11:30 for those who would like to go
Jigsaw afternoon with Lucy in the conservatory from 2:30

Continued over the page...

10th August to 16th August 2019

Page 2

Outings in the Jalopy

These will be decided on a Monday depending on the weather for the week. Please let us know if there is anywhere in particular you would like to visit:

Strolls around the Gardens

Please ask a member of staff if you feel like a stroll in the gardens. Staff are also encouraged to assist residents into the gardens on a sunny day to enjoy the sunshine and fresh air.

Suggestions Box

Please feel free to let us know any suggestions you have for activities:

** Please ask the staff at any time if there is a video you would like to watch or participate in any games, indoor or outdoor that are not on the activities menu. We apologise for any last minute changes to the schedule.*